

## MED-NET ACADEMY COMPETENCY CATALOG

Hand Hygiene

Application of a Transparent Dressing

Assisting with Urinal Use

Making an Unoccupied Bed

Application of a Hydrocolloid Dressing

Application of an Alginate Dressing

Application of a Foam Dressing

Application of a Hydrogel Dressing

Hoyer Lift

Mechanical Lift

Administration of Eye Drops

Administration Ophthalmic Ointment

Administering Intradermal Injections

Administering Subcutaneous Injections

Administering Intramuscular Injections

Assessing Arterial Blood Pressure

Care of Dentures

Application of a Pressure Bandage

Hair Care-Combing and Shaving

Assessing Respirations

Assessing Radial Pulse

Assessing Apical Pulse

Measuring Body Temperature

Moving and Positioning a Resident in Bed

Care for Residents Under Isolation Precautions

Blood Glucose Monitoring

Performing Range of Motion

Applying Elastic Stockings

Applying Sequential Compression Device

Collecting a Sputum Culture by Expectoration

Care of the Body After Death

Complete or Partial Bed Bath

Perineal Care

Oral Hygiene

Irrigating a Feeding Tube

Performing Oropharyngeal Suctioning

Suprapubic Catheter Care

Administering Oral Medications

Administering Otic Medications

Administering IV Meds by Piggyback

Administering Medications by IV Bolus

Administering Medications Through a Feeding Tube

Applying an Oxygen Delivery Device

Application of a Moist-to-Moist Dressing

Application of a Dry Dressing

Administering an Enema

Providing and Positioning a Bedpan

Applying Gauze and Elastic Bandages

Application of an Abdominal Binder

Head and Neck Assessment

Performing Mouth Care for an Unconscious or Debilitated Resident

Performing Nail and Foot Care

Nasal Installations

Using Metered Dose Inhalers

Using Dry Powder-Inhaled (DPI) Medications

Using Small-Volume Nebulizers

Administering Vaginal Medications

Administering Rectal Suppositories

Communicating with Residents Who Have Difficulty Coping

Monitoring Intake and Output

Communicating with Cognitively Impaired Residents

Treatment of Pressure Injuries

Eye Care for Comatose Residents

Insertion of Straight/Indwelling Catheter – Female

Insertion of Straight/Indwelling Catheter - Male

