

Suicide Prevention Resources

Title	Power Point Description
Caring for the Resident with Depression – Information for Direct Care Staff	Identify the presenting symptoms of depression in the older adult. Discuss therapeutic interventions and providing care and services for residents with depression. Identify staff communication techniques to use with a depressed resident.
Counseling Staff After A Resident’s Suicide	Lead a group or individual discussion that supports caregivers after a resident’s suicide attempt or actual suicide. Facilitate discussion by caregivers that honors the memory of a resident who has attempted to take or has taken his or her own life Summarize and apply lessons learned through the discussion that can facilitate safety and support for residents still in the care of those participating in the group discussion.
Identifying Elder Adults at Risk for Depression and Suicide – Guidance for Healthcare Supervisors and Social Workers	Recognize residents exhibiting signs of depression. Use a depression identification tool. Explain the value of obtaining a resident’s mental health history. Discuss the link between depression and suicidal thinking. Help identify a resident at immediate risk of a suicide attempt and intervene.
Preventing Suicide Through Elder-Centered Care	Identify risk factors and warning signs that indicate a resident may be thinking of committing suicide. Explain the difference between active and passive suicide. Define suicide ideation Discuss what to do immediately should a resident attempt to commit suicide or succeed in this attempt. List several employee responsibilities that may prevent a resident from committing suicide.
Reducing the Risk of Resident Induced Harm to Self or Others – Keeping Your Unit Safe	Protect residents’ rights while maintaining an acceptable level of resident and staff safety. Recognize early signs of escalating behavior that could lead to harm. Implement precautions to reduce the risk of harm induced by a distraught resident. Participate with the interdisciplinary team in the implementation of suicide precautions for the resident assessed to be at risk for injurious behavior.
Replacing Suicide and Suicide Ideation in Older Adults	Explain the value of Reminiscence Therapy for nursing home residents. Discuss the steps in setting up a Reminiscence Therapy Process. Provide two examples of potential discussion topics for use in a Structured Reminiscence Group Session.
Suicide Prevention in Long-Term Care Settings	Recognize the warning signs of suicide. State what to do if concerned that a resident is showing the signs. Explain how to promote emotional health of all residents.
Title	Document Description
Suicide Is Preventable	Poster that includes warning signs
Suicide Response Guide	What you need to know and do if suicide happens in your facility